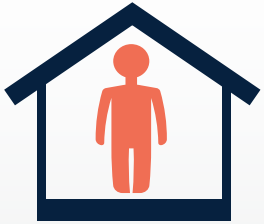


COVID-19 Guidance for GROCERY SHOPPING



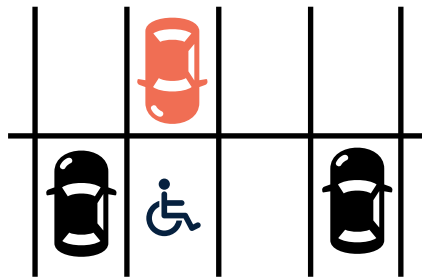
Stay home if you are sick.

Consider food or meal delivery; have family or friends shop for you.



Use tap and pay credit/debit cards for purchase to reduce the risk of transmission through money.

Go shopping at a time that's less busy.



Keep Social Distancing while in the store



6 ft or two arms-length from other shoppers and grocery store staff.



Use sanitizing wipes to clean and disinfect carts and shopping baskets.



Use self-checkout lanes where possible to limit contact with employees.

Wear a mask



Don't use reusable bags.



Bring germicide to wipe your hands before and after shopping.



When you return home, wash your hands after handling packages and when putting items away.

Share with your families

<https://www.SmithersConnect.com> or <https://www.UK.SmithersConnect.com>